

Rocky Mountain College Physical Examination Record

Name _____ Date _____ Age _____ Date of Birth _____

Height _____ Vision: R _____ / _____ corrected _____ uncorrected _____
 L _____ / _____ corrected _____ uncorrected _____

Weight _____ Percent Body Fat (optional) _____

Pulse _____ Blood Pressure _____ Urinalysis _____

	Normal	Abnormal Findings	Initials
1. Eyes			
2. Ear, nose, throat			
3. Mouth, teeth			
4. Neck			
5. Cardiovascular			
6. Chest, lungs			
7. Abdomen			
8. Skin			
9. Genitalia; hernia (M)			
10. Musculoskeletal			
a. neck			
b. spine			
c. shoulders			
d. elbow, hands, etc			
e. hips			
f. thighs			
g. knees			
h. ankles			
i. feet			
11. Neuromuscular			

12. Physical Maturity (Tanner Stage) 1 2 3 4 5

Comments on abnormal findings: _____

Participation Recommendations:

1. No participation in: _____

2. Limited participation in: _____

3. Requires: _____

4. Full participation in: _____

Physicians Signature _____

Address and Telephone # _____

