



Bachelor of Science in Physical Education (K-12)
Teacher Education Program – K-12 Education
Advising Worksheet – See also Course Catalog

A minimum of 34 semester hours, including:

Course Number	Course Title	Semester Completed	Grade	Credits
HHP 108	Professional Activities			
HHP 171	Nutrition			
HHP 210	Health and Wellness Theories and Applications			
HHP 221	Clinical Kinesiology			
HHP 223	Prevention and Care of Athletic Injuries			
HHP 316	Motor Development and Learning			
HHP 412	Management of Health Enhancement and Sport Programs			
PAC 108	Swimming			
EDC 346	Methods and Materials: Teaching Health and PE in the Elementary School			
Choose one of the following:				
BIO 321	Human Anatomy and Physiology			
HHP 161	Foundations of Human Structure and Function			
Choose two of the following:				
HHP 321	Biomechanics			
HHP 357	Physiology of Exercise			
HHP 471	Sport Nutrition			
HHP 478	Therapeutic Exercise and Advanced Functional Training			

This program meets Montana's health certification requirements. Additional requirements of the major:

- Students must also complete the professional education program for K-12 education majors as described in the "Education" portion of the catalog.
- Students seeking an endorsement in K-12 physical education must earn a minimum grade of "C" in all required HHP courses, including prerequisites.
- First Aid/ CPR certification is required before graduation

Note: This worksheet is only a tool to help in the advising process. Please refer to the course catalog to verify additional degree requirements. Students should meet with their advisor regularly and keep track of progress toward their degree.

Additional graduation requirements for a bachelor's degree:

124 semester hours completed: _____

No more than 64 semester hours total counted from two-year colleges: _____

Completion of core curriculum requirements: _____

40 upper division credits (including 12 in a major, 6 in a minor if one is chosen, 20 at RMC): _____

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Minimum of 30 hours from RMC (including 24 of the last 30 hours): _____

2.00 cumulative GPA: _____ (3.00 for education majors)

2.25 cumulative GPA for all courses taken in major (not just in a required minimum): _____ (3.00 for education majors)

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