



Minor in Coaching Health and Human Performance Advising Worksheet – See also Course Catalog

A minimum of 24 semester hours in HHP courses,* including:

| Course Number | Course Title | Semester Completed | Grade | Credits |
|-------------------------------------|--|--------------------|-------|---------|
| HHP 161 | Foundations of Human Structure and Function | | | |
| HHP 171 | Nutrition | | | |
| HHP 221 | Clinical Kinesiology | | | |
| HHP 223 | Prevention and Care of Athletic Injuries | | | |
| HHP 330 | Psychology of Sport and Exercise | | | |
| HHP 412 | Management of Health Enhancement and Sport Program | | | |
| HHP 424 | Contemporary and Ethical Issues in Sports | | | |
| Choose two of the following: | | | | |
| HHP 301 | Officiating High School Sports | | | |
| HHP 302 | Basketball Coaching | | | |
| HHP 303 | Football Coaching | | | |
| HHP 305 | Track and Field Coaching | | | |
| HHP 306 | Volleyball Coaching | | | |
| HHP 307 | Baseball and Softball Coaching | | | |
| HHP 308 | Strength and Conditioning Coaching | | | |
| HHP 311 | Soccer Coaching | | | |

***Additionally, First Aid/CPR certification is required before graduation.**

Note: Many state education departments do not require a coach to be a certified teacher but do require that coaches meet qualification standards. This option prepares students to meet those qualification standards.

This worksheet is only a tool to help in the advising process. Please refer to the course catalog to verify additional degree requirements. Students should meet with their advisor regularly and keep track of progress toward their degree.